

Batterers Intervention Program (BIP)

Men Creating Change Domestic Violence Program

Program Overview

EPICS offers a non-violent men's group for men who batter. Using the Duluth model approach, our goal is to improve the safety of women and children and hold men accountable for the violence they commit. Our program uses group discussion, role-plays, videos, vignette, group exercises, dialogue and assignments to help our group members build positive, long-lasting change with their lives

Batterers Intervention Program (BIP) Dynamics

- Participants must attend 28 weeks of direct contact hours, which includes one individual session for intake/screening and one individual session for discharge/dismissal.
- Participants will be able to have additional one-to-one sessions to address unrelated issues with a licensed professional at no additional charge.
- The program is a 26-week, 90-minute group that utilizes group discussion, roleplays, videos, vignettes, group exercises, dialogue, and assignments.
- Program Fees: Intake/orientation \$85, Group \$40 weekly, and \$75 Re-Entry
- Total Program Cost (Pay in Full) \$1,205 total.
- Groups will be offered on three different days and times (Wednesdays 6:00-7:30pm, Thursdays 6:00pm-7:30pm, and Saturdays-11:30am-1pm). Class take place over zoom and subject to change to in person in the near future.
- Fees & initial intake paperwork must be completed online before you attend orientation.
- Orientation is scheduled for every 2nd & 4th Saturday of the month at 9:00-11:00am via Zoom.

FAQ

1. How do I enroll in the EPICS Batterer's Intervention Program (BIP)?

Review these frequently asked questions. Follow the link to the <u>website</u>. Make your \$85 payment. Then follow this <u>link</u> to request a virtual orientation appointment. You'll need an email to complete the registration process.

2. What forms of payments do you accept?

We accept Cash App (\$angelicavw or put in our number 314-409-8606 Vanessa Wilson-Cox will appear), PayPal, cash or credit card. All payments can be paid online or at the office. Additional fees apply to first payment when using credit card or PayPal. If you use someone's Cash App other than your own, please put your name in the notes as reference.

3. What are the days and times I can schedule to attend orientation?

Orientation is scheduled every 2^{nd} & 4^{th} Saturday of the month from 9:00-11:00am. Follow link to schedule your orientation time.

4. Is orientation going to be virtual or in the office?

Orientation will be over Zoom (subject to change to in office in the future).

5. How soon after orientation will I start group?

You will start group immediately after orientation. You will start on the next class date and time you select during orientation. For example, if you select Wednesdays group, you will start on the Wednesday following the Saturday orientation.

6. What happens if I miss my scheduled orientation?

If you miss orientation you will have to pay a \$35 rescheduling fee.

7. What happens if I have technical issues or get disconnected during orientation?

If you are having technical difficulties you should try to log back in. If you are unsuccessful, you will need to contact the office to reschedule. A rescheduling fee will be assessed on an individual basis.

8. Do I need to bring anything to the office prior to orientation?

Yes, bring a victim impact statement, probable cause statement or a copy of your police report, summary of the incident or your protective order from St. Louis County, and a picture ID.

9. Can I come if I don't have a picture ID?

You can come, but we will need your ID within 10 days of you being in the program.

10. Where do I bring my documentation to when I get it?

You can drop documentation off in the mail slot at 3482 Hollenberg Drive, Bridgeton, MO 63044. Please put any documentation into an envelope with your name on it before dropping it in.

11. If I don't have my police report or a summary of the incident; can I still sign up for the program?

You can still sign up for the program, but we will need your police report, summary, or protective order within 30 days of being in the program. You will not receive your certificate if we don't get it. However, you will still be able to attend classes.

12. Where do I go to get a copy of my reports?

You can contact the municipality (police department) where the incident occurred. If you were referred by St. Louis County due to an order of protection (Jessica Meredith or Katherine Ernesting) you don't have to have any paperwork. Ms. Ernesting and Ms. Meredith will send over your required documentation. In some cases, you can ask your probation officer or Attorney to provide you with a summary. Some probation officers will get the summary out of discovery and provide you with the incident details. Ultimately, it is your responsibility and not theirs. Please have information emailed to vanessacox@epicscounseling.com. We do not have a fax.

13. Why do I have to have a police report to get my certificate?

Our State Credentialing Board requires this for all participants. Also, it's used as a tool to help us determine eligibility for our program and to direct the course of participants services.

14. Can I attend orientation if I haven't paid my \$85 orientation fee?

No. You need to pay the orientation fee prior to attending orientation.

15. If I don't have a device to do initial paperwork or attend classes online, can I come into the office?

Yes, you can. However, we would prefer you do paperwork online (we encourage you to ask a family member or friend for help). If this is not an option, please call to schedule an appointment.

16. How long is the program?

The program is 28 weeks (6 months) if you're coming on a consistent basis. Additional weeks are added if you have irregular attendance.

17. What days are the domestic violence classes on?

Classes are on Wednesdays 6:00-7:30pm, Thursdays 6:00-7:30pm, and Saturdays 11:30am-1:00pm.

18. How often are the classes and what is the cost?

You are expected to attend class once a week. Each class is \$40.

19. Can I attend more than one class weekly?

No. Please only attend one class per week.

20. How long are the group classes/sessions?

Groups are 90 minutes long.

21. Do you have funding for the domestic violence program?

We don't receive any funding or grants for the domestic violence program. We are a for-profit organization. We do not offer a sliding fee scale for payments.

22. Can I attend an individual session instead of going to these classes?

No, you cannot do classes in individual sessions. The Missouri Code of State Regulations has specific guidelines that require participants attend group settings for DV program.

23. What happens once I complete the program?

Once you complete the program, you will be given a certificate of completion to give to your referral source. We will send a copy of your certificate to your PO once you complete discharge paperwork and turn in the requested information (police report, etc). You can also download copies of your paperwork from the program through the client portal.

24. Do I have to come into the office after I complete the program?

Yes, you will have to come into the office on your last session to complete post-test, safety plan and a course evaluation.

25. What questions will the post-test ask?

Post-test will ask general questions related to your past abusive behavior patterns and current changes to your patterns.

For more information please visit www.epicscounseling.com.